	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Kiddo meal/snack ideas:

- Kid pizza, oranges
- Chicken nuggets, apple slices, broccoli
- Cheese crisp, avocado and tomato
- Tortellini, tomato sauce and zucchini
- Grilled cheese and tomato sauce, peaches
- Smoothies
- Steamed veggies with hummus or Greek yogurt to dip

Grocery List

Fry's

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Trader Joe's

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Costco

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